

*Postgraduate
Diploma*
in Community Geriatrics
2008-09

Course Director: Professor Timothy Kwok

Advisors: Professor Jean Woo, Professor Albert Lee

Introduction

With the rapid increase in the old-old population in Hong Kong, general practitioners have to face increasingly complex medical problems among their older patients. Further training in geriatric assessment and management strategies for common medical conditions in old age will enable general practitioners to play a prominent role in the maintenance and promotion of health of older people in the community.

This course is intended for general practitioners who would like to develop special interest in elderly health care. The course is primary health care oriented and multidisciplinary. The teaching will be based on lectures, interactive clinical bedside teaching on core themes of geriatric medicine, and supervised case studies and case discussions.

Objectives

1. To promote holistic care for older people by general practitioners.
2. To enable participants to recognize and manage common medical and psychiatric problems in old age.
3. To enhance understanding the current organization of social and medical services for older people.

Programme of study

This one-year part time programme will cover 44 weeks – 68 lectures, 6 clinical tutorials, 4 case studies and 4 case discussion sessions. The lectures and case discussion sessions will be held on Saturday afternoons (2:00 to 5:15 PM). The clinical tutorials will be held in different elderly care settings on Sundays (1:00-5:30 PM).

Term I

Lectures (2 units)

CMG 6001 - Geriatric Assessment and healthy ageing (32 Hours)

Clinical tutorials (I) (1 unit)

CMG 6500 (4.5 hours each)

1. Geriatric assessment
2. Geriatric rehabilitation
3. Mental problems in old age

Term II

Lectures (3 units)

CMG 6005 - Services for the older population (12 hours)

CMG 6006 - Clinical topics (24 hours)

Clinical tutorials (II) (1 unit)

CMG 6501 (4.5 hours each)

1. Old Age Home Care
2. Dementia
3. Clinical care of frail elders

Practical experience

CMG 6300 - Practical experience (I) (5 units)

CMG 6301 – Practical experience (II) (5 units)

In each term, students have to study two cases in detail, guided by a designated supervisor. A home visit for each case is obligatory. Students will present their cases in front of the whole class in case discussion sessions led by a tutor. A case report with at least 2,000 words for each case will be submitted for evaluation.

Examination

1. Two MCQ examinations
2. Clinical Examination
3. Four Case reports

Venue

Lectures and case discussions will be held at the School of Public Health or Clinical Science Building in Prince of Wales Hospital. Clinical tutorials will be held in Shatin Hospital, old age homes and elderly day care centres in Shatin.

Teaching Staff

Teaching will be delivered by geriatricians, family physicians and allied health professionals of the Chinese University of Hong Kong or Hospital Authority.

Language of Teaching: English

Graduation requirements

Students are required to attend 70% of lectures in each module and 100% of the clinical workshops and the case discussion sessions. In addition, they have to complete all the modules and pass all assessments with a GPA of 2.0 or above as well as a grade C or above, and to have passed a test on IT proficiency test for graduation (please refer to the details in <http://www.sitc.cuhk.edu.hk>).

Award and Accreditations

The Diploma is a quotable qualification by the Hong Kong Medical Council. Accreditations for CME points will be applied to the Colleges of the Hong Kong Academy of Medicine.

Course Fees

Students are required to pay the fees of HK\$ 40,000 by two installments. Graduates from the Master of Science or Postgraduate Diploma in Clinical Gerontology of our University with an average grade C or above should pay HK\$35,000.

Recognised categories of students with modular exemptions

Students who have graduated from the Master of Science or Postgraduate Diploma in Clinical Gerontology of our University with an average grade B- or above are exempted from the following modules – CMG 6005.